

### Activities of Daily Living for a Homeless Applicant

Your Name \_\_\_\_\_ Social Security Number \_\_\_\_\_

Please give the name address and phone number of at least one other person who can be contacted about your claim: \_\_\_\_\_

1. Living arrangements

How long have you been homeless? \_\_\_\_\_  
Where do you stay? \_\_\_\_\_  
How long have you stayed there? \_\_\_\_\_  
Where do you spend your day? \_\_\_\_\_  
What do you usually do during the day? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Sleep

Do you take medicine to help you sleep? Yes \_\_\_\_\_ No \_\_\_\_\_  
What do you take? \_\_\_\_\_  
How many hours a night do you sleep? \_\_\_\_\_  
Do you sleep during the day? Yes \_\_\_\_\_ No \_\_\_\_\_  
Where do you sleep during the day? \_\_\_\_\_

3. Personal care

Do you need to be reminded to care for your personal needs? Yes \_\_\_\_\_ No \_\_\_\_\_  
Does someone help you with your personal care? Yes \_\_\_\_\_ No \_\_\_\_\_  
How do they help you? \_\_\_\_\_

4. Meals/eating habits

How many meals do you eat each day? \_\_\_\_\_  
Where do you eat your meals? \_\_\_\_\_  
\_\_\_\_\_  
Do you sometimes prepare your own food? Yes \_\_\_\_\_ No \_\_\_\_\_  
How have your eating habits changed since becoming homeless? \_\_\_\_\_  
\_\_\_\_\_  
Please indicate your current weight \_\_\_\_\_ height. \_\_\_\_\_

5. Shopping

Where do you get your clothes? \_\_\_\_\_  
Where do you get your personal grooming products? \_\_\_\_\_  
Do you have difficulty handling your own money or food stamps? \_\_\_\_\_  
\_\_\_\_\_

6. Social contacts

Do you spend time with other homeless individuals? Yes \_\_\_\_\_ No \_\_\_\_\_  
Do you spend time with friends or relatives? Yes \_\_\_\_\_ No \_\_\_\_\_  
Do you prefer to be with others or by yourself? \_\_\_\_\_  
Do you find you get along with others? \_\_\_\_\_  
How do you get around? \_\_\_\_\_

7. Concentration/memory

Do you have any problems remembering things? Yes \_\_\_\_\_ No \_\_\_\_\_  
Do you have any problems following written or verbal instructions? Yes \_\_\_\_\_ No \_\_\_\_\_  
Do you finish what you start out to do? If not, please give an example. Yes \_\_\_\_\_ No \_\_\_\_\_  
Do you have problems concentrating? Yes \_\_\_\_\_ No \_\_\_\_\_

8. Treatment

Do you take any medication? Yes \_\_\_\_\_ No \_\_\_\_\_  
If not, do you think medication would help you? Yes \_\_\_\_\_ No \_\_\_\_\_  
If you take medications, what are they? \_\_\_\_\_  
Who prescribes the medication for you? \_\_\_\_\_  
Does someone help you remember to take the medication? Yes \_\_\_\_\_ No \_\_\_\_\_  
Have you had any new treatment for physical or mental problems since you first applied for social security disability? \_\_\_\_\_

**If anyone assisted you in completing this form, please indicate:**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Telephone \_\_\_\_\_

Please sign here \_\_\_\_\_ Date \_\_\_\_\_