Extra COVID SNAP benefits will end for all households beginning in March 2023*

During COVID, Massachusetts households received an extra SNAP payment every month. These extra payments are separate from your regular SNAP benefit.

Due to a decision by Congress, the last COVID SNAP payment will be on March 2, 2023

If you are age 60+ or disabled, telling DTA about healthcare costs may help you get more SNAP

Your regular SNAP benefit amount is based on your income and living expenses. Telling DTA about at least $35/month in unreimbursed healthcare costs may lead to a boost in your SNAP benefits.

If you have more than $190/month in health care costs DTA will need proof of all expenses.

How to Tell DTA About Healthcare Costs:

- Write down on a piece of paper anytime or on application/recertification - send in through DTAConnect.com or fax/mail/in-person
- Use DTA’s form: Mass.gov/doc/medical-expense-form
- Over the phone by calling the Senior Assistance Line at (833) 712-8027

Examples of Healthcare Costs Include:

- Prescriptions, over-the-counter healthcare items, vitamins, wound care, etc.
- Insurance premiums & co-payments
- Eyeglasses, contacts, hearing aids, medical equipment
- Acupuncture or alternative medicine
- Transportation costs to appointments
- One-time medical bills

* Possible Good News: In January 2023, Governor Maura Healey sent a budget request to the Massachusetts Legislature to continue state-funded partial extra SNAP for three months.

For more information, visit Mass.gov/ExtraCOVIDSNAP
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