



Are You An Immigrant? YOU OR YOUR CHILDREN MAY BE ELIGIBLE FOR FOOD STAMPS

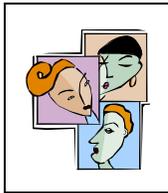


Who can get food stamps?

- ☆ People who meet certain financial rules AND immigration status requirements.
- ☆ Low income families and individuals can qualify for food stamps including:

Individuals over age 50, or age 18-50 if they meet special work rules

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Families with children and pregnant women



People temporarily or permanently ill or disabled



Elderly people



Can immigrants get food stamps?

- ☆ It depends on the person's immigration status
- ☆ The rules are complicated. Some immigrants are eligible for food stamps based on their immigration status while others are not. An advocate can give you more information.
- ☆ If you cannot get food stamps, your children might be able to. If your children are US citizens they are eligible for food stamps if your family meets the income and other requirements. Your immigration status does NOT affect whether or not your children can get food stamps.

Which immigrants can get food stamps?

There are some immigrants who can get food stamps. US citizens, including children born here, are ALWAYS eligible for food stamps if your family meets income and other rules. Some of the immigrants who can get food stamps are:

- ☆ Refugees and asylees and victims of human trafficking.
- ☆ Green card holders and some other legal immigrants who have had their greencards for at least five years.
- ☆ Immigrants who have had their greencard for less than five years may be eligible for food stamps if they have 10 years of work experience in the U.S. Work history of a spouse or parents while the immigrant was under 18 can also be counted.
- ☆ Children under the age of 18 who have their greencards. It does not matter how long children have been in the country to be eligible for food stamps.
- ☆ Some disabled immigrants who have a green card or some other legal immigrant status can get food stamps if they get benefits from a disability program such as SSI, EAEDC, or MassHealth for the disabled.
- ☆ Some other legal immigrants such as Amerasians, persons who have been battered by a family member, immigrants who have been paroled into the country for more than one year, Cuban Haitian entrants, and immigrants with deportation withheld.
- ☆ Some elderly immigrants who have a green card or some other legal immigrant status AND were living in the US on August 22, 1996. Elderly immigrants who were NOT living in the US on August 22, 1996 might be able to get food stamps if they get benefits from a disability program such as SSI or EAEDC or MassHealth Disabled.
- ☆ Veterans of the U.S. military or active duty personnel, their spouses, widows, and children.

Where can I get more information about food stamps?

- ☆ You can call your local community organization or legal services for more information.
- ☆ You can also call the Department of Transitional Assistance to apply for food stamps. Call 1-800-249-2007 for more information.