

→ COVID extra "Emergency Allotments" currently bring all eligible households to at least maximum SNAP benefit. See [MassLegalServices.org/DTA-COVID-19](https://www.masslegalservices.org/DTA-COVID-19) for more.

1. GROSS Earned Income _____
2. ADD Gross Unearned Income + _____
3. TOTAL GROSS Monthly income = _____
Compare with Gross Income Test

INCOME DEDUCTIONS

4. SUBTRACT Earnings Deduction - _____
(20% of gross earnings in Line 1)
5. SUBTRACT Standard Deduction - _____
HH Size: 1-3 = \$177; 4 = \$184;
5 = \$215; 6+ = \$246
6. SUBTRACT Excess Medical Deduction (See
Box A - Elder/Disabled only) - _____
7. SUBTRACT Child Support Paid Out+ - _____
8. SUBTRACT Dependent Care Costs - _____
9. SUBTRACT Homeless Deduction (\$160) - _____
(only if homeless household not claiming
regular Shelter Deduction)

**PRELIMINARY ADJUSTED
NET INCOME (PANI)**

10. SUBTRACT Excess Shelter (see Box B) - _____
Amount capped at \$597 **unless** elder/disabled
person in household!

MONTHLY NET INCOME

To estimate APPROXIMATE SNAP benefit:

1. Take 30% of Monthly Net Income X .3 _____
= _____
 2. Maximum SNAP benefit for Household
size (see chart to right) _____
 3. SUBTRACT Line 1 (30% of Net) - _____
= _____
- APPROX. MONTHLY BENEFIT**** _____

** This is an *approximate* figure. If 30% of net income is below the max SNAP allotment, you should apply for SNAP. All 1 and 2 person households under 200% FPL qualify for \$20 minimum SNAP.

+ Also exclude child support paid from gross earnings test, but then include to calculate the value of the 20% earnings deduction.

GROSS INCOME TEST AND MAXIMUM SNAP

Household Size	Gross Income Test-200% FPL	Maximum SNAP benefit
1	\$2,147	\$ 250
2	\$2,903	\$459
3	\$3,660	\$658
4	\$4,417	\$835
5	\$5,173	\$992
6	\$5,930	\$1,190
7	\$6,687	\$1,316
8	\$7,433	\$1,504
Each add'l member	Add \$757	Add \$188

Box A - Medical Deduction

Medical Expenses _____
Threshold - \$35 - 35 _____
Medical Deduction = _____

⌘ If medical deduction > \$35, enter \$155 standard deduction on Item #6. If actual medical expense > \$190/month, then use actual less \$35.

Box B - Shelter Deduction

Rent or home ownership costs _____
Add SUA amount* + _____
TOTAL shelter expenses = _____
Shelter Standard - _____
(Divide PANI by 2)
Excess Shelter Deduction = _____

NOTE: Enter maximum \$597 shelter on Line #10 **unless** elder/disabled person in household, then use actual amount.

***SUA = Standard Utility Allowance:**

\$688/mo - heating or AC costs or fuel assistance
\$421/mo - utilities only (non-heating/cooling)
\$ 48/mo - phone only

NOTE: Households with a member sanctioned due to IPV must meet 130% FPL gross income test, SNAP asset test and 100% FPL net income test. Elder/disabled households over 200% FPL must meet the SNAP asset test and net income test. See [MLRI SNAP Advocacy Guide](#) for more information.