



Could you use extra money for food? **SNAP** can help.

Get help applying for the Supplemental Nutrition Assistance Program (SNAP), formerly food stamps, which helps people buy the food needed for good health. SNAP benefits are put on an electronic card that is used like an ATM or bank card, and can be used at most supermarkets, convenience stores, and some farmers' markets.

WHO IS ELIGIBLE?

SNAP is for everyone—families, seniors, disabled, homeless, unemployed, employed, veterans, and active military. If you are within the income limits listed, you may be eligible.



Household Size	Gross Monthly Income Limit (before taxes or healthcare is taken out)
	\$2,127
	\$2,873
	\$3,620
	\$4,367
Each additional member	+\$747

GET SNAP ASSISTANCE TODAY!

Contact any of these resources to determine your eligibility, to complete an application, or for help with your existing case:



MA Department of Transitional Assistance's Online SNAP Application Form

Online: DTAConnect.com
 Call: 1-877-382-2363
 Seniors (60+), call:
 1-833-712-8027
 Download the mobile app



Project Bread's FoodSource Hotline

Call: 1-800-645-8333
 TTY 1-800-377-1292
 Hotline Hours:
 Mon-Fri – 8AM-7PM
 Sat – 10AM-2PM
 Multilingual



The Greater Boston Food Bank

Online: GBFB.org/SNAP
 Call: 617-598-5022
 Email: SNAP@gbfb.org



Mass2-1-1

A free statewide referral platform powered by your local United Way
 Online: MASS211.org
 Dial: 2-1-1
 Open 24 Hours/7 Days.
 Confidential. Multilingual.