

## SNAP BENEFITS WORKSHEET (Effective January 2018)

1. GROSS Earned Income \_\_\_\_\_
2. ADD Gross Unearned Income + \_\_\_\_\_
3. TOTAL GROSS Monthly income = \_\_\_\_\_  
**Compare** with Gross Income Test

### INCOME DEDUCTIONS

4. SUBTRACT Earnings Deduction (20% of gross earnings in Line 1) - \_\_\_\_\_
5. SUBTRACT Standard Deduction = \_\_\_\_\_  
HH Size: 1-3 = \$160; 4 = \$170;  
5 = \$199; 6+ = \$228
6. SUBTRACT Excess Medical Deduction (See Box A - Elder/Disabled only) - \_\_\_\_\_
7. SUBTRACT Child Support Paid Out+ - \_\_\_\_\_
8. SUBTRACT Dependent Care Costs - \_\_\_\_\_
9. SUBTRACT Homeless Deduction (\$143) (only if homeless household not claiming regular Shelter Deduction) - \_\_\_\_\_

### PRELIMINARY ADJUSTED

### NET INCOME (PANI)

10. SUBTRACT Excess Shelter (see Box B) Amount capped at \$535 deduction NO cap for Elder/Disabled HHs! - \_\_\_\_\_

### MONTHLY NET INCOME

To estimate APPROXIMATE SNAP benefit:

1. Take 30% of Monthly Net Income X \_\_\_\_\_ .3  
= \_\_\_\_\_
  2. Maximum SNAP benefit for Household size (see chart to right) \_\_\_\_\_
  3. SUBTRACT Line 1 (30% of Net) - \_\_\_\_\_
- APPROX. MONTHLY BENEFIT\*\*** = \_\_\_\_\_

\*\* This is an *approximate* figure. If 30% of net income is below the max SNAP allotment, you should apply for SNAP. All 1 and 2 person households under 200% FPL qualify for \$15 minimum SNAP.

+ Also exclude child support paid from gross earnings test, but then include to calculate the value of the 20% earnings deduction

*Mass. Law Reform Institute – Jan 2018*

### GROSS INCOME TEST AND MAXIMUM SNAP

Household Size	Gross Income Test-200% FPL	Maximum SNAP benefit
1	\$2,023	\$ 192
2	2,743	352
3	3,463	504
4	4,183	640
5	4,903	760
6	5,623	913
7	6,343	1,009
8	7,063	1,153
Each add'l member	Add \$720	Add \$144

#### Box A - Medical Deduction

Medical Expenses	_____
Threshold - \$35	- 35
Medical Deduction	= _____ ✕

✕ If medical deduction > \$35, enter \$155 standard deduction on Item #6. If actual medical expense > \$190/month, then use actual less \$35.

#### Box B - Shelter Deduction

Rent or home ownership costs	_____
Add SUA amount*	+ _____
TOTAL shelter expenses	= _____
Shelter Standard (Divide PANI by 2)	= _____
Excess Shelter Deduction	= _____ **

NOTE: Enter maximum \$535 shelter on Item #10 unless elder/disabled person in H/H, then use actual amount.

#### \* SUA = Standard Utility Allowance:

\$636/mo - heating or AC costs or fuel assistance  
\$392/mo - utilities only (non-heating/cooling)  
\$ 45/mo - telephone/cell phone only

NOTE: Some sanctioned households must meet 130% FPL gross income test, SNAP asset test and 100% FPL net income test. Elder/disabled households over 200% FPL must meet the SNAP asset test and net income test. See MLRI Advocacy Guide for more information.