## **Self-Declaration of Shelter Costs** for Food Stamp/SNAP Benefits

If you rent: My rent obligation is:  And my heat or utilities are stated be  Check one: I pay heat and utilities  Heat is included in ren  Heat and cooling (AC)	elow:				
And my heat or utilities are stated be  Check one: I pay heat and utilities  Heat is included in ren  Heat and cooling (AC)	elow:  separate from rent  nt, but I pay electricity or service fees for air conditioning				
And my heat or utilities are stated be  Check one: I pay heat and utilities  Heat is included in ren  Heat and cooling (AC)	elow:  separate from rent  nt, but I pay electricity or service fees for air conditioning				
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Heat is included in ren Heat and cooling (AC)	nt, but I pay electricity or service fees for air conditioning				
Heat and cooling (AC)					
- ,	) costs are included in rent, but I pay for other utilities				
I get Fuel Assistance					
	I get Fuel Assistance for part of my rent or for heating costs				
I pay no heat or utilities, I only pay phone costs (land line, cell phone)					
If you own a home or condo:	I have the following costs for my home:				
Monthly mortgage payment \$	(include the principal and interest payments)				
Real estate taxes/month \$	(divide annual or biannual to get monthly amount)				
Fire/home insurance/month \$	(divide annual or biannual to get monthly amount)				
Repairs/maintenance costs \$	(average monthly amount from prior quarter or year)				
Condo ownership/month \$	(mortgage, condo fees, etc)				
(Homeowners are usually responsible for all heating, cooling and other utility costs).					

You can use this form to **self-declare** your shelter costs. You do <u>not</u> need to provide a lease, rent receipt or proof of homeownership costs unless DTA determines that the information provided is questionable. You can use this form to notify your DTA worker of these expenses. Be sure to tell DTA if you pay for **any heating or cooling (AC) costs** separate from your rent (any time of year) or if you get fuel assistance to pay part of your rent.

DTA does require **proof of where you live** (your residence). This is different from how much you pay for rent or mortgage. To verify residence, you can use a bank statement, wage stub or photo ID with your address, a utility bill, a letter from a government agency with your address, a lease, statement from a roommate or other document that prove your address.

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## Self-Declaration of Child Care Costs for Food Stamp/SNAP Benefits

Your Name:	Agency ID: (if known)				
Address where you live:					
Children in child care					
1 Name	Age	2 Name	Age		
3 Name	Age	4	Age		
(List additional children in care on another paper.)					
My child care costs: (This includes direct care, co-pays, camps, other payments for care)					
(Please mark one)					
I pay \$/day	OR \$				
➤ Your signature:  I swear that the above information about my monthly child care costs is true to the best of my knowledge and belief:					
Signature:		Date:			

If you have child care expenses because of work, training, or job search, you can **self-declare** these costs. You do not need to provide a statement from your child care provider unless the information you provide is questionable. You can also claim the cost of care needed for a **disabled adult** while you work or go to school, such as adult day care services or care provided in your home for a disabled adult child, an elderly/disabled parent or other disabled household member.

You can self-declare these expenses on your Food Stamp/SNAP application form, recertification form or on any written statement you send DTA. Your monthly benefits should increase because of these costs, unless you are already getting the maximum SNAP benefits for your household.

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