

Are You Homeless?

Did your SNAP (Food Stamp)
Benefits STOP?

If you are **HOMELESS** or do not have a regular* place to sleep, your SNAP benefits should not stop.



You have a **RIGHT** to keep your SNAP benefits if you still need them!

Contact your local Legal Services or food pantry.

For more info:
Contact Sam Hoeffler at MLRI
617-357-0700 x 304



* If you do not have a stable nighttime place to sleep, you are exempt from the 3 month time limit. Call DTA at (877) 382-2363 to tell them that you do not have a regular place to sleep.

There are other exemptions from the 3-month time limit. You are exempt if are unable to work full time (temporarily or long term), or if you are pregnant, in school or training program, living with a child under age 18, or working 20 hrs/week. You can also do community service to keep your SNAP.

- For more information, see: www.masslegalservices.org/ABAWD

Are You a Veteran?

**Did your SNAP (Food Stamp)
Benefits STOP?**

If you receive VA disability benefits (any rating) or cannot work full time,* your SNAP benefits should not stop.



You have a **RIGHT** to keep your SNAP benefits if you still need them!

Contact your local Legal Services or food pantry.

For more info:
Contact Sam Hoeffler at MLRI
617-357-0700 x 304



* If you get a disability benefit like VA or Workers Comp, you are exempt from the 3 month time limit. You may also be exempt if a health professional says you cannot work full time. Call DTA at (877) 382-2363 to tell them about your disability benefit.

There are other exemptions from the 3-month time limit. You are exempt if are unable to work full time (temporarily or long term), or if you are homeless, pregnant, in school or training program, living with a child under age 18, or working 20 hrs/week. You can also do community service to keep your SNAP.

- For more information, see: www.masslegalservices.org/ABAWD

Are You a College or High School Student?

Did Your SNAP (Food Stamp) Benefits STOP?

If you are a low-income **STUDENT** finishing high school, attending a training program or a community college,* your SNAP benefits should not stop!

You have a **RIGHT** to keep your SNAP benefits if you still need them!

Contact your local Legal Services or food pantry.

For more info:
Contact Sam Hoeffler at MLRI
617-357-0700 x 304



* If you are in school at least half-time, you are exempt from the 3-month SNAP time limit. This includes students in ABE, ESoL or other training program and most community college students. Additional rules may apply to other college students. Call DTA at [\(877\) 382-2363](tel:8773822363) to tell them about your school or training program.

- For more information, see: www.masslegalservices.org/food4students

There are other exemptions from the 3-month time limit. You are exempt if are unable to work full time (temporarily or long term), or if you are homeless, pregnant, living with a child under age 18, or working 20 hrs/week. You can also do community service to keep your SNAP.

- For more information, see: www.masslegalservices.org/ABAWD