

## About SNAP

Nationally, the program  
is called SNAP.

The U.S. Department of  
Agriculture (USDA) created  
the Supplemental Nutrition  
Assistance Program (SNAP)  
to provide eligible individuals  
with monthly benefits to buy  
food at grocery stores and  
some farmers' markets.



**How Can I Find Out More?**  
Call your local SNAP office

## Be Sure to Count Your Medical Expenses in Your SNAP Application

If you are age 60+ or receiving a disability benefit at any age and applying for food assistance through the Supplemental Nutrition Assistance Program (SNAP), you may qualify for additional benefits by deducting medical expenses from your income. Be sure to alert your case worker and share itemized receipts for medical costs.

### What Counts as a Medical Expense?

- Prescription medications
- Over-the-counter medications approved by a medical professional\*
- Transportation to and from the doctor or pharmacy
- Medical equipment and healthcare supplies
- Health insurance premiums and co-pays
- Home healthcare or homemaker costs
- Medical and dental care not covered by insurance or Medicaid

### How Do I Qualify for the SNAP Medical Expenses Deduction?

- You must be either age 60+ OR receive a disability benefit or Medicaid based on disability (and be of any age)
- You must have medical expenses totaling \$35 a month or more

\* This can include items needed to treat specific conditions such as; adult diapers, vitamins, lenses, hearing aids, etc.

