



What is SNAP?

The Supplemental Nutrition Assistance Program helps low income individuals and families buy healthy, nutritious food. You may be eligible for SNAP—read below to learn more!

Easier Application for Seniors!

Seniors can apply for SNAP benefits using a shorter form. The Elder SNAP Application has fewer questions and is easier to read.

Next, a SNAP case manager will call you to schedule an interview to talk to you about your application.

Please be sure to put your telephone number on the SNAP application.

Any proofs that your case manager asks for, such as something with your name and address, your Social Security Number and medical bills, can be mailed to your SNAP case manager after your interview.



Can I Own Property and Still Apply for SNAP?

You can own your own home, personal belongings, car and have money in the bank.

If you are a senior living alone and your total (gross) monthly income is \$1,815 or less, you will not be required to provide information and proofs for your household resources, such as your bank account or other items of value.

If you are a senior living with your spouse and your total combined (gross) monthly income is \$2,452 or less, you will not be required to provide information and proofs for your household resources.

If you are a senior and your total (gross) income is higher than the amounts listed above, you will have a \$3,000 limit on the household resources you can own and still be able to get SNAP. This means you will be asked to provide information and proofs for your household resources.

You do not need to visit the SNAP Office to apply.

You can mail, fax or drop off your finished application

at the Department of Transitional Office that serves your city or town.

Important: Staff at Councils on Aging, Senior Housing Developments, health centers and other community organizations can help you apply for SNAP benefits!



To find the office nearest you, visit

www.mass.gov/dta

or call the SNAP Hotline at

1-866-950-FOOD

Monday through Friday

from 8:45 A.M.- 5:00P.M.

